



TEAM GREENWICH

Mondays at 7pm

Meet by the Cutty Sark

Why not come down and join our peer to peer **walk** and **talk** groups... It's **FREE!**

With every walk you are helping bring an end to the stigma of mens mental health.

Let's start chatting about what really matters.



07397 501110



theproperblokesclub@gmail.com



www.theproperblokesclub.co.uk



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